

ACRES Frequently Asked Questions

What happens during the PD cycle?

- Participate in 2-3 virtual sessions per module- these are interactive and engaging
- Post session, practice the skills and record yourself working with youth– you can just use a cell phone or camera. Recordings need to be only 3 minutes long
- Join peers to receive compliments, feedback, and coaching on your practice of the targeted skill

Who should get involved?

Afterschool, Library, Museum, Summer or Out-of-School-Time educators who...

- Have consistent interactions with youth
- Are comfortable with recording and uploading videos to secure cloud sharing sites
- Are comfortable with video conferencing or willing to learn
- Have access to high speed internet, a computer, and to a cell phone, tablet or camera with video capability
- Have a willingness to learn and reflect on practice in a cohort of peers from across the United States

How do I connect virtually during the workshops?

Before each session, your coach will send you a URL that will connect you to the video conference. You will use the Zoom platform for every meeting. Clicking the link will connect you to the meeting without needing a username or password. For more information about the platform, visit www.zoom.us.

How long do the videos I make have to be?

We find that clips between 3-5 minutes long are ideal for the coaching session. If you already know which part of the activity you want to record, you can just turn your camera on and off to capture a few minutes of that part. Or you can record for a longer period of time and then use the video editing tools built into your phone or laptop to select a clip you want to share.

What if we don't have media releases for all youth?

Because the videos will not be made public but used as part of an educational coaching program to help providers improve their skills, media releases are not required. The ACRES project provides a courtesy letter to the parent/guardian outlining how videos will be used and giving ways to contact the project researchers if there are questions or concerns.

What if I don't want myself shown on the screen during the discussions?

The video conferencing software allows attendees to leave their cameras off while connected. A small icon will appear on the screen representing "you." Bear in mind that this is a bit tough on your colleagues because they will want to get to know you and it's easier if you can see each other.

What if a life emergency happens and I can't attend a meeting?

If it turns out you miss a session, the ACRES model is flexible enough to hold a make-up session, by connecting virtually or by watching recorded sessions.



How many hours does it take to complete a module?

Usually it takes about 2 hours for the skill workshop, 2 hours over the course of a month for practicing the skill and uploading the videos, and then 2 hours for the first coaching session. With the 1st skill of Asking Purposeful Questions, we do two coaching sessions, which means an additional 2 hours to practice and 2 hours in the last coaching session. We repeat the coaching session a second time. (so, 6 to 10 hours from start to finish per module)

What if I don't have recording equipment?

You probably already have what you need, as you can use a phone, iPad or laptop for recording videos. If you don't have these available, ACRES will help you to borrow one.

How do I get the supplies to do the hands-on activities? Do I have to buy them?

You probably won't need to buy anything. ACRES modules use easy to find materials that people often have on hand. The materials are easily adapted to fit whatever supplies people have available. The modules' emphasis is on the skill and less about perfecting a specific activity with set materials.

